



## Take Your Time.

Summerland is known as the town that provides an authentic Okanagan experience. Just a little bit mystical, we can provide a complete eat green, travel green and sleep green experience.

### Organic Eats

Summerland is home to two organic coffee roasters, an organic meat producer, the valley's premier organic bakery/mill, fruit and vegetable farmers and four organic wineries. Local restaurants take advantage of the bounty and source foods locally.

**For information on fresh, organic products**

**contact:** Chef Jason Embree

[goodomens.ca@gmail.com](mailto:goodomens.ca@gmail.com)

### Happy Fish!

Three of our organic wineries, Sage Hills, Sumac Ridge, and Okanagan Crush Pad now have vineyards that are Certified Salmon Safe. Their water usage and irrigation practices are registered and monitored to prevent any adverse affects on salmon and wildlife and protect our urban and agricultural watersheds.

**For information on organic wineries, please**

**contact:** Julian Scholefield, Okanagan Crush Pad,

[julian@okanagancrushpad.com](mailto:julian@okanagancrushpad.com)



### How green is my valley?

First Nations People, fur traders and wagon trains started the green travel trend to the Okanagan 200 years ago. Now electric cars can recharge up and down the valley (4 stations in Summerland!) and hiking and biking trails are growing as this region becomes the 1<sup>st</sup> cycling precinct in Canada. 60km of the Trans Canada Trail is located in Summerland. That's 10% of BC's 600 km.

**For information on local trails, please contact:**

Henry Sielmann, Chair, Trans Canada Trail Society,  
[henry.sielmann@shaw.ca](mailto:henry.sielmann@shaw.ca)

### Hit the sheets!

The Summerland Waterfront Resort is a luxury vacation suite property located on Lake Okanagan. Not only is it in the heart of wine country with an on-site award winning restaurant, but the resort has been awarded the Hotel Association of Canada's Green Key and Trip Advisor's Green Leader Platinum Designation for their sustainable practices and eco-friendly changes.

**For information on the resort, please contact:**

Lisa Jaager [sales@summerlandresorthotel.com](mailto:sales@summerlandresorthotel.com)